



Lima
2019
PAN AMERICAN GAMES

ATHLETICS

Technical Manual



Introduction

On behalf of the Organizing Committee of the Lima 2019 XVIII Pan American Games and Sixth Parapan American Games, I would like to thank all the Pan American family, especially the National Olympic Committees, for their work in favor of sports in the continent.

I am pleased to introduce the competition technical manuals of each sport, which will be used during the Lima 2019 Pan American Games.

Each manual has been developed by the functional areas of the Lima 2019 Organizing Committee with the help of technical delegates from the different international federations and Panam Sports experts. This document will contribute to the success of the biggest sports event that has ever taken place in Peru.

In this document there is relevant information about every sport and discipline on the activity calendar of the XVIII Pan American Games.

You will also find the competition schedule, competition format and system, qualification system, information about delegation training sessions, accreditation, the Athletes' Village (accommodation venue), medical services, among others. This will be the best guide for competing in the Lima 2019 Games, where we are waiting for you with open arms.

Lima 2019 is an opportunity to transform and forge a better country based on sports' values (excellency, friendship, respect, courage, determination, equality and inspiration). Lima and all of Peru are getting ready to welcome you with the affection and hospitality we are known for.

We are sure that you will take home the best memories of your stay in our country during the largest sports event in the continent, which will be held in Peru for the first time.

Lima is ready to welcome you!

We are waiting for you!

CARLOS NEUHAUS

**President of the Lima 2019 Pan American Games and Parapan American Games
Organizing Committee**



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1. ABOUT THIS MANUAL

Published in 2018, the sports technical manuals provide detailed information on each sports competition and discipline at the Lima 2019 Pan American Games as well as operational information that may be of interest to participating teams. Each manual includes:

- An introduction to Lima and the Games.
- Sport-specific information, such as competition schedule and format, training and qualification criteria.
- Operational information on accreditation, ticketing, transportation, accommodation and medical services.

While this information is correct as of the date of publication, it may vary according to the updates provided by the Organizing Committee, the International Federation or Panam Sports. Therefore, National Olympic Committees (NOCs) should visit the official website extranet.lima2019.pe for updated information.

2. ABOUT LIMA AND PERU

2.1 The City of Lima

Before becoming a colonial capital, Lima was formerly populated by the Lima and Wari cultures. Later on, it became the capital of the Viceroyalty of Peru. The huacas and colonial houses of the city are an example of its historical greatness. Today, Lima is a cosmopolitan center that offers a variety of cultural and artistic options.

It overlooks the Pacific Ocean from a natural balcony that holds nearly 10 million people with thousands of stories and origins. Lima is a city with a past and a future, with innovators and entrepreneurs, and of art, craftsmanship and industry. A glorious city that knows how to celebrate life.

This city full of opportunities is located on the central coast of South America. It gathers all of Peru's diversity and complexity in a vibrant and captivating metropolis. Also, it is the only city in America that stretches from the Andes to the ocean. It has the privilege of being the only capital city of South America located on the shores of the Pacific Ocean.

Lima can refer to a region, a province and a city (Lima Metropolitan Area) as well as a district. It comprises 43 districts (divided into Northern, Southern, Eastern and Central Lima), in addition to the other seven districts that are a part of the province of Callao.

Throughout its history, Lima has been bolstered by immigrants from other provinces of the country and other regions of the world. It has the largest ethnic Chinese

community and the second largest *Nikkei* community in Latin America. It is safe to say it is a diverse city and that multiculturalism is its main resource.

When walking the streets of Lima, you can admire its churches, archaeological sites and colonial houses coexisting with modern buildings. Lima also offers a wide variety of cultural events and is recognized worldwide as the gastronomical capital of Latin America.

2.2 Lima's Cuisine

Lima is Peru's meeting point and, as such, it is a melting pot of cuisines enriched by the historic influx of migrants and products from other regions of Peru and the world. It is a huge pantry of fresh products, some of which are impossible to get elsewhere. This wide range of products is the secret to success of the current Gastronomical Capital of the Americas.

Lima gathers all of Peru's rich biodiversity in an exquisite metropolis: limes from the north that are used in cebiche, corn from Cuzco as a side dish for anticuchos and countless native potatoes of every color and texture. Also, Peru's main sources of flavor are its chili peppers; its popular and highly nutritious grains, like quinoa and kiwicha; and its coffee and cacao, which make city life sweeter and more enjoyable. Lastly, Peru is also known for its exotic Amazonian fruits, its aromatic spices from the Andes and its delicious pisco.

And, of course, its seafood. What would Lima's cuisine be without fish and traditional fishermen? But, also, what would Peru's cuisine be without its chefs, the guardians and creators of taste? They are the greatest collectors of historical and ancestral culinary knowledge, creators of new trends and flavors, innovative revolutionaries capable of bringing everyone together at the same table. Thus, Lima combines the knowledge and flavor of an entire country.

There are approximately 220 thousand restaurants in Lima, with several options inspired by the world's flavors and expertise.

Peruvian cuisine was declared "Cultural Heritage of the Americas" by the Organization of American States (OAS) in 2011.

Peru loves fusion cuisine, the abundance of its fields and the fruits of the sea. Its gastronomy is a fascinating combination of splendid climate, exotic —and sometimes spicy— products and a generation of chefs that are the best ambassadors of their cuisine around the world.

Peru has ten products with protected designation of origin such as pisco, Villa Rica coffee, Cuzco's giant white corn and Ica's lima bean. Moreover, it has over 3000 varieties of domesticated potato.

2.3 Information about Peru

Peru is located on the west side of South America and covers 1,285,215 km² of land and 200 nautical miles of the Pacific Ocean. With over 10 thousand years of history, it boasts great cultural richness, a delicious and award-winning cuisine, impressive archaeological sites, UNESCO World Heritage sites and vast nature reserves.

Peru has more than 31.5 million inhabitants. It can be divided into three major regions: coast, highlands and jungle, giving the country an immense multiplicity of landscapes. These regions comprise 11 ecoregions and 84 life zones of 117 that exist in the world. Due to its diverse geography, Peru has a wide variety of natural resources.

It has abundant forests, generous distances and ancient cultures. It is the third most megadiverse country on the planet thanks to its wide variety of orchids, birds and butterflies, and a lush Amazon, which has been recognized and awarded as one of the Seven Natural Wonders of the World.

Peru is also home to one of the seven wonders of the modern world: the citadel of Machu Picchu. In the region of Puno, over 3800 meters above sea level, you can visit the enchanting islands of Titicaca, the highest navigable lake in the world.

Peru has 12 World Heritage Sites and eight Intangible Cultural Heritage sites, awarded by UNESCO.

More than sixty native languages are spoken in the country, such as Aymara and Quechua. Also, it still preserves a musical scenery with native instruments like the quena and siku, melodies that feature joyful Afro-Peruvian beats and Andean music such as huayno and harawi.

Furthermore, it placed 9th in global entrepreneurship according to the 2015 Global Entrepreneurship Monitor report (GEM). Finally, it also won the World's Leading Meetings & Conference Destination in 2015 at the World Travel Awards (WTA).

Ancient Peruvians were skilled metalsmiths who turned silver and gold into precious jewels over 3000 years ago. They were also amazing craftsmen, who showed their vision of the world in clay pots and carved gourds. Their ancestral techniques were inherited by local entrepreneurs who now sell their products in the most demanding international markets.

Peru is a destination that shares its customs. Close to 3000 traditional festivals are celebrated nationally every year. Peruvian cities such as Lima, Cuzco and Arequipa were listed as UNESCO World Cultural Heritage Sites. Also, Peru was the home of ancient civilizations that grew cherishing the sand of the desert, the heavy rains of the Andes or the humid forests of the mountains.

Peru currently produces 80% of the world's alpaca clothing, an excellent Andean fiber that has become a symbol of elegance and exclusivity. Over 120 thousand families are involved in the supply chain of this valuable camelid fiber.

2.4 Peru as Host of Major Events

Peru has organized several sports events and international sports meetings over the years. The 2012, 2013 and 2018 editions of the Rally Dakar and the 131st International Olympic Committee (IOC) Session in 2017 are some examples that it is ready to house world-class events, considering it has both infrastructure and security.

Hosting the 2019 Pan American and Parapan American Games is very important for a city that is committed to promoting sports among its citizens. Lima is getting ready to welcome 6680 athletes from 41 countries of the Americas during the Pan American Games.

The Peruvian capital hosted the I Beach Bolivarian Games (from November 1 to 11 in 2012). A year later, the XVII Bolivarian Games took place in Lima and Trujillo between November 16 and 30, featuring close to 5000 athletes from 11 countries.

Peru has also hosted the "Copa América" on six occasions: 1927, 1935, 1939, 1953, 1957 and 2004. It was also the official venue of the FIFA U-17 World Cup in 2005 and the final was held at the National Stadium of Lima.

Furthermore, Peru had the privilege of hosting the FIVB Volleyball World Championship at the Coliseo Amauta (Lima), the Coliseo Gran Chimú (Trujillo) and the Coliseo Cerrado de Ica (Ica), between September 12 and 25, 1982. Additionally, the FIVB Volleyball Women's U-20 World Championship took place in Lima and Trujillo in 2011.

The South American Games were also held in Lima (from December 1 to 10, 1990). Later on, our country hosted the I South American Youth Games from September 20 to 29, 2013.

As mentioned previously, Peru was part of the Dakar Rally in 2012, 2013 and 2018. Four stages took place during the first year and the race ended in Lima. In 2013, five stages of the world's largest rally were contested in the Peruvian capital. In 2018, six and a half stages of the competition were contested in Peru, starting in Lima and passing through Puno to its final stop in Bolivia.

Moreover, the 131st IOC Session was held in September 2017 at the Lima Convention Center in Peru, with the presence of leaders of the National Olympic Committees. During this meeting, Paris and Los Angeles were chosen as host cities of the 2024 and 2028 Olympic Games, respectively.

In 2011, the 3rd FINA World Junior Swimming Championships was held in Peru. The competition venue was Campo de Marte.

A variety of sports events can be hosted in Peru due to its natural areas and its infrastructure. Off-road *races* across dunes and mountains, ultramarathons through the desert, triathlons on the shores of the Pacific Ocean and multi-sports games on different sports stages are some examples that show that Peru is an attractive place to organize high-impact competitions.

2.5 Currency

The national currency is the sol (PEN), but the American dollar (USD) and the euro (EUR) are also accepted.

2.6 Language

Spanish, the official language of Peru, is spoken by 84% of the population. In addition, 47 indigenous languages, including Quechua and Aymara, are spoken in the country.

3. LIMA 2019

Peru will be the host of the Lima 2019 Pan American and Parapan American Games for the first time in its history.

- **Opening Ceremony:**
Friday, July 26, 2019
- **Competitions:**
From Friday, July 26 to Sunday, August 11, 2019
- **Closing Ceremony:**
Sunday, August 11, 2019
- **Location:**
Lima, Peru
- **Participants:**
6680 athletes

Clusters: - 5 competition - 1 training	Venues: - 39 competition - 14 training	Sports program: - 39 sports - 62 disciplines
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3.1 Milco, Lima 2019 Official Mascot

Milco is a very cheerful, optimistic and friendly mascot, whose arms are always open, ready to welcome all visitors who arrive to the Lima 2019 Games.

Lima has a cultural background that makes us proud, and that is what our mascot highlights. One of Milco's favorite colors is red —also the color of our flag— because it represents passion! He wants to transmit this passion to all Lima 2019 participants, so that they give their best in each competition.

Milco is based on *cuchimilcos*, statuettes from the pre-Hispanic cultures of mid-western Peru such as Lima, Chancay and Chincha. This mascot was chosen by popular vote, when he obtained 19,895 votes. He beat two other candidates: Amantis, which represents the amancaes flower, and Wayqi, a gecko from the huacas of Lima.

A total of 44,514 people from Peru and abroad participated in selecting the Pan American and Parapan American Games mascot. With this number a new voting record was set, breaking that of Guadalajara 2011 and Toronto 2015.

Initially, over 1000 design proposals from across the country were submitted. From there, a specialized jury selected three finalists. They then entered an online popular vote on the Games' official website (www.lima2019.pe).

4. KEY PERSONNEL

President of the International Association of Athletics Federations (IAAF)	Sebastian Coe	president@iaaf.org
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International Technical Delegate	Julio Roberto Gómez	Jurogo2014@gmail.com
Competition Manager	Jorge Mc Farlane	jmcfarlane@lima2019.pe

5. COMPETITION

Events	
Men (24)	Women (24)
TRACK	
100 m	100 m
200 m	200 m
400 m	400 m
800 m	800 m
1500 m	1500 m
5000 m	5000 m
10,000 m	10,000 m
110 m hurdles	100 m hurdles
400 m hurdles	400 m hurdles
3000 m steeplechase	3000 m steeplechase
4 x 100 m relay	4 x 100 m relay
4 x 400 m relay	4 x 400 m relay
JUMPS	
High jump	High jump
Long jump	Long jump
Triple jump	Triple jump
Pole vault	Pole vault
THROWS	
Shot put	Shot put
Discus throw	Discus throw
Javelin throw	Javelin throw
Hammer throw	Hammer throw
ROAD	
20 km race walking	20 km race walking
50 km race walking	50 km race walking
Marathon	Marathon
COMBINED EVENTS	
Decathlon	Heptathlon

According to the quota established by Panam Sports, the maximum number of competitors in athletics events, for both men and women, will be 740.

5.1 Date

From July 27 to August 11, 2019.

5.2 Venue

5.2.1 Venue 1

Athletics Stadium, National Sports Village (Videna).
Disciplines: track and field.

5.2.1.1 Address

Avenida Canadá, cuadra 30 s/n, San Luis.

5.2.1.2 Overview

The Athletics Stadium is a new venue with capacity for 8000 people. Athletics and Para athletics and their various disciplines will be held at this venue, both for men and women.

5.2.1.3 Services

The venue includes:

- Dressing rooms and showers.
- Athletes zone.
- Judges zone.
- First-aid station for athletes and spectators.
- Stands for spectators and accredited persons.
- Mixed zone (press and TV)
- Pan American Family lounge.
- Doping control facilities.
- Storage areas.
- Broadcast center.

5.2.2 Venue 2

City circuit.
Disciplines: marathon and race walking.

5.2.2.1 Address:

Parque Kennedy, Miraflores.

5.2.2.2 Overview

The marathon course will take place over two laps in a 21 km circuit, which will include the following main streets:

Avenida Larco - Avenida Arequipa - Paseo Colón - Plaza Grau - Avenida Paseo de la República - Avenida José Pardo - Malecón Cisneros - Malecón de la Reserva - Armendáriz.

The 20 km and 50 km race walking events will take place at avenida Larco in a 1 km circuit.

5.2.2.3 Services

- Temporary facilities
- Athletes zone

- Judges zone
- First-aid station for athletes and spectators
- Mixed zone (press and TV)
- Pan American Family lounge
- Doping control facilities
- Portable chemical toilets
- Others

5.3 Competition Format

In accordance with the International Association of Athletics Federations (IAAF), the athletics competition format at the Lima 2019 Pan American Games will include qualifying, semifinal and final rounds.

Qualifying and Progressions

The qualification system for track events (number of rounds, number of heats in each round and the method of progression from one round to the next), qualifying standards, as well as the starting heights and the raising of the crossbar for vertical jumps will be determined by the international technical delegates after the closing date for entries. Team delegates will be informed on the decision at the technical meeting.

Full documentation of qualification procedures will also be available at the technical information center in the Athletics Stadium of the National Sports Village and at the sports information desk in the Athletes' Village.

5.4 Competition Procedures

In order to develop an organized and successful event, the following rules will govern competition procedures:

5.4.1 Written Questions

Any questions concerning the technical conduct of the athletics competition must be made in writing (in English, French or Spanish). These questions will be answered at the technical meeting. The forms that must be used for this purpose are available at the sports information desk in the Athletes' Village and/or at the Technical Information Center (TIC) in the Athletics Stadium of the National Sports Village. These forms must be submitted by Friday, July 25, 2019 at 15:00 for the marathon event, by Thursday, August 2, 2019 at 15:00 for race walking events, and by Sunday, August 4, 2019 at 15:00 for track and field events. No questions will be accepted at the technical meeting.

5.4.2 Technical Meetings

5.4.2.1 Marathon

The technical meeting for the marathon event will take place on July 26 in the Athletes' Village at 10:00.

5.4.2.2 Race Walking

The technical meeting for the race walking events will take place on August 3 in the Athletes' Village at 10:00.

5.4.2.3 Track and Field

The technical meeting for the track and field event will take place on August 5 in the Athletes' Village at 10:00.

After the meeting, buses will be available for an orientation and inspection visit to the competition area.

Passes for the technical meetings will be available for team leaders at the sports information desk in the Athlete's Village upon their arrival. Two passes will be given to each country for each technical meeting.

5.4.3 Orientation and Inspection Visit for Team Leaders and Delegates

The visit will take place after the technical meeting. The visits will be scheduled as follows: the visit to the marathon circuit will take place on July 26 from 11:00 to 13:00; the visit to the race walking circuit will take place on August 3 from 11:00 to 13:00; and finally, the visit to the competition stadium for track and field events will take place on August 5 from 11:00 to 13:00.

This way, team leaders and delegates can become familiar with the distribution and location of the main facilities, such as the warm-up area, the call room, the dressing room, etc.

5.4.4 Final Confirmation

The competitor's final confirmation must be submitted by team delegates in the morning of the day prior to their competition, using the forms provided at the technical meeting. These documents must be submitted at the sports information desk in the Athletes' Village or at the technical information center in the competition venue.

For relay events, each team must submit the final confirmation the day of the event and provide the athletes' names according to their participation order. The form must be submitted at the technical information center of the competition venue, no later than 60 minutes before the start of the event.

5.4.5 Personal Belongings at Competition Entry

Athletes (including those participating in combined events) may take a backpack or similar-sized bag with them onto the field of play. Athletes participating in combined events may take larger bags with them, but must leave them in the rest area during the events.

A strict inspection will be made for illegal or forbidden items that athletes may be carrying with them. No electronic devices will be permitted, such as radios, CD/MP3 players, digital music devices, cell phones, cameras, etc.

Any items that do not comply with IAAF technical rules and regulations will be confiscated. Confiscated items may be retrieved from the Technical Information Center (TIC) after the event at the stadium.

5.4.6 Combined Events

There will be a rest area for combined events. Access to this area will be limited to competing athletes and one accredited person per athlete (coach, doctor, etc.) who will be given a pass at the sports information desk before the start of the combined events competition. Fruits and beverages will be offered to athletes.

5.4.7 Entry onto Competition Area

All athletes will enter the field from the northwest corner (behind the 100-meter start line) escorted by competition officials. No athlete may leave the competition area during an event without permission from the chief judge. In the event that an athlete must leave the competition area, an official must escort the athlete. Refreshment stations will be available on the competition area.

5.4.8 Specific Event Procedures

5.4.8.1 Track Events

The starter's commands will be announced in English. For events up to 400 m (included), the commands will be:

- "On your marks"
- "Set"
- "Gun"

For events 800 m and above, the commands will be:

- "On your marks"
- "Gun"

5.4.8.2 Pole Vault

Before the competitions start, each athlete will inform the corresponding official of the position of the crossbar they require for their first trial. This position will be recorded. If athletes want to make changes later, they must immediately inform the corresponding official before the crossbar has been set according to their initial request. Otherwise, the time for their attempt will continue to run.

5.4.9 Coaches' Zone

Dedicated seating will be provided in appropriate areas for the coaches of athletes participating in field events. One coach per athlete may enter this area with the corresponding pass, which will be distributed through the sports information desk once the start lists have been published.

5.4.10 Personal Implements

The use of personal implements will be permitted provided they comply with the following:

- a. They are IAAF certified.
- b. They are in good condition and the brand and model are easily identified.
- c. They are incorporated with the official implements, available for all participants.
- d. They are given to the weights and measurements judge stationed at the stadium warehouse by 18:00 on the day prior to the competition.

5.5 Post-competition Procedures

All athletes must exit the competition area via the mixed zone. The only exception will be for combined events athletes who must only go through the mixed zone at the end of each session. The media may conduct short interviews in the mixed zone. Please note that the first three athletes in each final may also attend the press conference after the event, according to how they are called.

After passing through the mixed zone, athletes will move to the post-event area where they will be able to collect their clothing. The post-event area will be located at the end of the mixed zone.

For the medal ceremony, press conferences and doping control, the athletes involved will be escorted to the assigned areas via specific routes. Athletes that need to return to the warm-up area will do so through the marked access point for athletes.

5.5.1 Doping Control

Doping control will be conducted as established by the Panam Sports medical commission and the corresponding International Federation's rules, as well as the World Anti-Doping Agency (WADA) standards and procedures.

5.6 Road Event Services

Lima 2019 will provide transportation for athletes and team officials from the Athletes' Village to the start line. Athletes will warm up at the start area.

5.6.1 Refreshment Stations

Refreshment stations will be located along the road in accordance with IAAF regulations. More details will be provided at the technical meeting.

5.7 Competition Schedule

Date	Session	Time	Event	Gender	Phase		
July 27	S1: 08:30 - 11:20	08:30 - 11:20	Marathon	Women	Final		
		08:40 - 11:20	Marathon	Men	Final		
August 4	S1: 08:00 - 13:00	08:00 - 10:30	20 km race walk	Women	Final		
		10:30 - 13:00	20 km race walk	Men	Final		
August 6	S1: 14:00 - 20:30	14:00	100 m	Men	Decathlon 1		
		14:40	Length	Men	Decathlon 2		
		15:00	100 m	Women	1R		
		15:30	Hammer	Women	Final		
		15:40	100 m	Men	1R		
		16:10	Shot put	Men	Decathlon 3		
		16:20	400 m hurdles	Women	SF		
		16:50	400 m hurdles	Men	SF		
		17:20	Height	Men	Decathlon 4		
		17:20	800 m	Women	SF		
		17:30	Pole vault	Women	Final		
		17:50	10,000 m	Women	Final		
		18:35	100 m	Women	SF		
		18:35	Discus	Women	Final		
		18:55	100 m	Men	SF		
		19:15	5000 m	Men	Final		
		19:40	400 m	Men	Decathlon 5		
		August 7	S1: 14:15 - 20:30	14:15	110 m hurdles	Men	Decathlon 6
				14:40	100 m hurdles	Women	Heptathlon 1
				14:50	Discus	Men	Decathlon 7
15:30	Height			Women	Heptathlon 2		
16:10	Pole Vault			Men	Decathlon 8		
16:20	100 m hurdles			Women	SF		
16:50	400 m			Women	SF		
17:15	Shot put			Women	Heptathlon 3		
17:20	400 m			Men	SF		
17:50	800 m			Women	Final		
17:55	Length			Men	Final		
18:00	Javelin			Men	Decathlon 9		
18:10	100 m			Women	Final		
18:30	Shot put			Men	Final		
18:30	100 m			Men	Final		
18:50	200 m			Women	Heptathlon 4		
19:40	1500 m			Men	Decathlon 10		

Date	Session	Time	Event	Gender	Phase
August 8	S1: 15:00 - 20:30	15:00	Hammer	Men	Final
		15:00	200 m	Women	1R
		15:35	200 m	Men	1R
		15:55	Length	Women	Heptathlon 5
		16:15	100 m hurdles	Women	Final
		16:30	200 m	Women	SF
		17:00	200 m	Men	SF
		17:30	1500 m	Men	Final
		17:40	Length	Women	Final
		17:45	Javelin	Women	Heptathlon 6
		17:50	Height	Women	Final
		17:50	400 m	Women	Final
		18:05	400 m	Men	Final
		18:20	400 m hurdles	Women	Final
		18:35	400 m hurdles	Men	Final
		19:20	800 m	Women	Heptathlon 7
		19:30	4 x 100 m	Women	SF
		19:40	4 x 100 m	Men	SF
		August 9	S1: 14:45 - 20:30	14:45	4 x 400 m
14:55	4 x 400 m			Men	SF
15:15	110 m hurdles			Men	SF
15:50	Triple jump			Women	Final
15:50	800 m			Men	SF
16:20	200 m			Women	Final
16:20	Shot put			Women	Final
16:30	200 m			Men	Final
16:50	10,000 m			Men	Final
17:35	1500 m			Women	Final
17:45	Javelin			Women	Final
18:10	Height			Men	Final
18:20	5000 m			Women	Final
19:15	4 x 100 m			Women	Final
19:40	4 x 100 m	Men	Final		
August 10	S1: 15:30 - 20:00	15:30	Pole Vault	Men	Final
		15:35	Discus	Men	Final
		16:30	110 m hurdles	Men	Final
		16:45	800 m	Men	Final
		17:10	3000 m steeplechase	Women	Final
		17:35	Triple	Men	Final

Date	Session	Time	Event	Gender	Phase
		17:40	3000 m steeplechase	Men	Final
		18:00	Javelin	Men	Final
		19:00	4 x 400 m	Women	Final
		19:25	4 x 400 m	Men	Final
August 11 51:07:00 - 12:30		07:00	50 km race walk	W/M	Final

5.7.1 Call Room

There will be two call rooms for all track and field events. One of them will be located next to the warm-up area. Athletes must report to the call room according to the official schedule, considering that access to the competition areas will be as follows:

Pole vault: 75 minutes prior to the official start of the event.

High jump: 55 minutes prior to the official start of the event

All other field events: 45 minutes prior to the official start of the event

Track events: 20 minutes prior to the official start of the event

An official will accompany athletes to the second call room located between the warm-up and the competition area.

According to IAAF competition rules (143/144), call room officials will check the following items:

- bib numbers
- spikes shoes

The dimension of spikes must comply with the requirements suggested by the synthetic track manufacturer. Therefore, spikes must not exceed 6.4 mm (1/4") in length for Mondotrack WS and Sportflex super X 720 tracks. Also, they must be christmas tree- or pyramidal-shaped.

- uniforms
- bags (identification and content)
- advertising

For road events, there will be a call room with the same purpose as the one located at the stadium. This call room will be located in the warm-up area.

5.8 Training Schedule and Venue

Venues:	From July 22 to 26	From July 30 to 31	From August 1 to 5	From August 6 to 10, 2019	Events
Alternate Track - National Sports Village (Videna) Av. Del Aire 949, San Luis	--	--	9:00 - 20:00	9:00 - 12:00	All events except javelin and hammer
Pachacamac Municipal Stadium Av. San Miguel Alto, Pachacamac	8:00 - 12:00	8:00 - 12:00	8:00 - 17:00	8:00 - 17:00	Marathon, race walking, long throws such as hammer and javelin

Venue	August 3	August 4	August 5
Athletics Stadium - National Sports Village (Videna) Av. Del Aire 949, San Luis	15:00 - 19:00 Events to be determined	15:00 - 19:00 Events to be determined	15:00 - 19:00 Events to be determined

5.9 Qualification System

5.9.1 Quota

The athlete quota is 740.

Events	Events	
	Men	Women
TRACK		
100 m	24	24
200 m	24	24
400 m	18	18
800 m	16	16
1500 m	14	14
5000 m	14	14
10,000 m	14	14
100 m hurdles	-	16
110 m hurdles	16	-
400 m hurdles	16	16
3000 m steeplechase	14	14
4 x 100 m relay	12	12
4 x 400 m relay	12	12

Events		
Events	Men	Women
JUMPS		
High jump	14	14
Long jump	16	16
Triple jump	16	16
Pole vault	14	14
THROWS		
Shot put	14	14
Discus throw	14	14
Javelin throw	14	14
Hammer throw	14	14
ROAD		
20 km race walking	14	14
50 km race walk	14	14
Marathon	18	18
COMBINED EVENTS		
Decathlon	14	-
Heptathlon	-	14

5.9.2 Eligibility

Only NOCs recognized by Panam Sports whose National Athletics Federations are affiliated with IAAF and APA may enter competitors in the Lima 2019 Pan American Games.

NOCs can only enter athletes in the Lima 2019 Pan American Games that have qualified according to the system established by IAAF and APA.

Male and female athletes competing in the marathon and race walking event must be at least 18 years of age by December 31, 2019.

For the other events, competitors must be at least 16 years of age by December 31, 2019.

5.9.3 Qualification System

Each NOC will be able to enter a maximum of two athletes in each individual event under the following conditions:

- a) They have placed first in the following competitions:
 - South American Games (ODESUR), Cochabamba 2018
 - Central American and Caribbean Games (ODECABE), Barranquilla 2018
 - NACAC Senior (open) Championship, Toronto 2018

In the previous case, it is not necessary for athletes to meet qualifying standards/performances. The decision to enter athletes under these conditions is solely that of their respective NOC.

- b) The Association of Panamerican Athletics (APA) established a maximum quota of competitors per individual event who must meet the qualifying standards/performances listed below. This qualifying standard/performance must have been met between January 1, 2018 and midnight (Peru time) of June 23, 2019.
- c) At the end of the deadline, in events where the number of athletes with qualifying standards/performances is lower than the quota, the technical delegate will invite athletes until the quota is met, based on the Pan American rankings from January 1 to June 23, 2019 and will inform the respective NOCs of the invited athletes.

For the men's and women's 4 x 100 m and 4 x 400 m relays, national teams will qualify based on the following:

Teams must have places in the top two of the following competitions:

- South American Games (ODESUR), Cochabamba 2018
- Central American and Caribbean Games (ODECABE), Barranquilla 2018
- NACAC Senior (open) Championship, Toronto 2018

Also, the technical delegate and APA will invite national teams until completing 12 relay teams. They will base the invitations on the Pan American rankings from January 1 to June 23, 2019, and will inform the corresponding NOCs.

Each NOC invited may enter up to two competitors to only participate in each relay race. The other four members of each relay team, with a maximum of six male/female competitors (4 x 100 and 4 x 400), must be entered in an individual event.

The principles of universality, parity and equity will be observed.

As host country of the Lima 2019 Games, Peru will automatically qualify one athlete in each athletics event in which it does not already have qualified athletes.

The following are the minimum qualifying standards/performances:

Qualifying standards/performances		
Events	Men	Women
TRACK		
100 m	10.30	11.60
200 m	20.60	23.40
400 m	46.10	53.45
800 m	1:48.80	2:04.00
1500 m	3:47.50	4:22.00
5000 m	14:10.00	16:48.00
10,000 m	29:50.00	34:10.00
100 m hurdles	-	13:20
110 m hurdles	13.80	-
400 m hurdles	50.70	56.30
3000 m steeplechase	8:55.00	10:15.0
4 x 100 m relay	By invitation	By invitation
4 x 400 m relay	By invitation	By invitation
JUMPS		
High jump	2.22 m	1.80 m
Pole vault	5.20 m	4.15 m
Long jump	7.90 m	6.48 m
Triple jump	16.50 m	13.60 m
THROWING		
Shot put throw	18.50 m	16.30 m
Discus throw	60.00 m	54.30 m
Javelin throw	76.00 m	53.00 m
Hammer throw	68.00 m	65.40 m
ROAD		
20 km race walk	1:25:00	1:37:00
50 km race walk	4:15:00	4:55:00
Marathon	2:20:00	2:50:00
COMBINED EVENTS		
Decathlon	7300 points	-
Heptathlon	-	5570 points

An athlete that obtains a qualifying standard does not automatically qualify for Lima 2019, they would only be meeting the standard that will be used as a guide to fulfill the quota established per event.

The validity of performances must comply with the following:

- a) Performances must be achieved during competitions organized or authorized by IAAF, its area associations (NACAC/Consudatlé) or member federations. Therefore, performances achieved in university or school competitions must be certified by the national federation of the country where the competition was held (see regulations for the marathon and race walking events below).

- b) Performances must be achieved in an official competition held under current IAAF rules.
- c) Performances achieved in mixed events (please refer to rule 147) will only be accepted under the following circumstances: for all field events and races of 5000 meters or longer held within the stadium, the results will be:
 - Automatically accepted if achieved at national permit competitions.
 - Accepted only with the area association's approval if achieved at competitions under rule IAAF 1.1 (i) and (j).
 - Not accepted if they have been achieved in competitions conducted under IAAF rule 1.1 (a) and (h).
 - Always accepted for road races (marathons and race walking events) if the course or route has been certified by an IAAF certified measurer.
- d) Wind-assisted performances will not be accepted.
- e) Hand-timed performances in the following events will not be accepted: 100 m, 200 m, 400 m, 800 m, 1500 m, 110 m/100 m hurdles, 400 m hurdles, and 4 x 100 m and 4 x 400 m relays.
- f) Indoor performances in all field events and for races 200 meters and longer, will be accepted.
- g) For running events of 200 meters and longer, performances achieved on oversized tracks will not be accepted
- h) Race walking track performances (20,000 or 50,000 meters) will be accepted.

Marathon

Only marathon race performances that comply with the following criteria will be considered valid toward the minimum entry standards:

- a) The course will be measured prior to the race by a Grade A or B international road race course measurer approved by IAAF/AIMS.
- b) The measurement certificate must have been established no earlier than five years prior to the race date.

Marathons conducted at competitions held under IAAF rule 1.1 a), b), c), f) and g) will not be included in the list. However, the results will be valid for the purpose of minimum entry standards.

Race Walking

Performances achieved at international race walking competitions defined under IAAF rule 1.1 (a), (b), (c), (d), (f), (g), (j) or (l) will be valid toward achieving the minimum entry standard, providing the following conditions (where applicable) are always respected:

- a) The course will be measured by a Grade A or B international road race course measurer approved by IAAF/AIMS.
- b) A minimum of three international or area race walking judges are on duty

5.9.4 Quota Places Confirmation

APA will confirm with Panam Sports and NOCs the places they have qualified before June 24, 2019.

NOCs will confirm with APA the quota places they will use before June 26, 2019.

5.9.5 Unused Quota Places Reallocation

If necessary, APA will reallocate unused places to the next highest-ranked NOC that has not yet qualified.

This process will be completed before July 3, 2019.

On July 5, NOCs will confirm the entry of athletes that were included in the reallocation of quota places.

Schedule	
Date	Key Event
May 26 – June 8, 2018	South American Games (ODESUR), Cochabamba
July 29 – August 3, 2018	Central American and Caribbean Games (ODECABE), Barranquilla
August 10–12, 2018	NACAC Championships, Toronto
April 26, 2019	Lima 2019 entry by number deadline
June 24, 2019	APA will confirm with Panam Sports and NOCs the quota places they have qualified
June 26, 2019	NOCs will confirm with APA the places they will use
July 3, 2019	IAPA will reallocate unused places to the next highest-ranked NOC that has not yet qualified
July 5, 2019	NOCs will confirm the entry of athletes that were included in the reallocation of quota places

5.9.6 Tokyo 2020 Olympic Qualification

The Lima 2019 athletics competition is one of the official competitions for achieving the minimum qualification performance in order to participate in the 2020 Tokyo Olympic Games.

5.10 Regulations, Uniforms, Sports Equipment, Protests and Appeals

5.10.1 Rules

Athletics competitions will be governed by current IAAF 2018-2019 regulations.

5.10.2 Athletes' Uniform

Athletes must compete wearing the official national uniform approved by their

delegations. It will be mandatory to wear the appropriate clothing before going through the call room. Also, it will be necessary to have the complete uniform during the awards ceremony.

IAAF rule 143.1 recommends that the front and back of the uniforms be the same color and stipulates that all participating members in a relay event must wear the exact same uniform.

Uniforms will be checked in the call room. The time and location of this check will be provided at a later date. Any infringement of the rules may result in the athlete's disqualification.

5.10.3 Sports Equipment

Lima 2019 will provide the necessary implements for throwing events, according to IAAF regulations, of three different brands duly standardized and certified.

5.10.4 Protests and Appeals

Protests concerning the result or conduct of an event will be resolved according to IAAF rule 146. They must be made within 30 minutes of the official announcement of the result of that event. The organizers of the competition will ensure that the time of the announcement of all results is recorded.

All protests must be made at the first instance and made verbally to the referee by an athlete or another person acting on their behalf. Such person or team may protest only if they are competing in the same round of the event to which the protest (or subsequent appeal) relates.

To arrive at a fair decision, referees should consider any available evidence which they consider necessary, including a video or picture produced by an official video recorder or any other available video evidence. The referee may decide on the protest or may refer the matter to the jury. If the referee makes a decision, there shall be the right of appeal to the jury. If the referee is not accessible or available, the protest should be made at the Technical Information Center (TIC) at the stadium.

An appeal to the jury must be made within 30 minutes of:

- a) the official announcement of the amended result of an event arising from the decision made by the referee; or
- b) the advice being given to those making the protest, where there is no amendment of any result.

The protest must be in writing, signed by the athlete (or by another person acting on their behalf) and submitted with USD 100. The amount will be forfeited if the appeal is not allowed. The athlete or team may appeal only if they are competing in the same round of the event to which the appeal relates.

Note: After the decision on a protest, the relevant referee will immediately inform the sports information desk of the time of the decision. If the referee was unable to communicate this orally to the relevant team(s)/athlete(s), the official time of the announcement will be that of posting of the decision at the sports information desk.

5.11 Technical Officials, Judges and Jury

They will be appointed according to IAAF and Athletics Panamerican Association (APA) rules and regulations.

For the Pan American Games, Technical Officials (TO) will include:

JUDGING STRUCTURE ATHLETICS	ITO	NTO
International Technical Delegate	1	
International Technical Delegate Assistant	1	
Jury of Appeal	5	
International Technical Officials	6	
International Race Walking Judges	6	
International Road Course Measurer	1	
International Photo Finish Judge	1	
International Starter Judges	2	
Official Announcer	1	
International Video Referee	1	
National Officials		90
Total	25	90

5.12 Medals and Diplomas

Gold, silver and bronze medals will be awarded in all events of the Lima 2019 Pan American Games athletics competition. In accordance with Panam Sports regulations, diplomas will be given to all participating athletes.

When possible, awards ceremonies will be held during the same session as the event. If the awards ceremony cannot be held during the same session as the event, it will be held during the next immediate session.

6. ACCREDITATION

Accreditation is the process of identifying individuals and their roles at the Pan American and Parapan American Games. It also ensures that they are granted appropriate access to fulfill their roles. The role of the NOC is to register, as appropriate, every athlete, official, dignitary and journalist from its territory.

Lima 2019 must receive accreditation applications no later than April 26, 2019.

6.1 Accreditation Card Validation

The following table lists the level of accreditation services that will be provided at the various venues:

Venue	Location	Population	Service
Athletes' Village	Lima	NOC	Full service
Venue Accreditation Offices (VAO)	Competition venues	Workforce and Games Family	Validation
Uniform and Accreditation Center (UAC)	TBC	Workforce	Full service
Accreditation Center in Games Family Hotel	TBC	Games Family (Panam Sports)	Full service
Media Accreditation Center (IBC MPC)	MPC IBC	Media (press and broadcast)	Full service
Validation Counters (Airport)	Jorge Chávez International Airport	Games Family	Validation

Full service: card validation, card production, image capture, problem resolution, reissuing of lost or stolen cards, guest passes, day passes.

During the Lima 2019 Pan American Games, the official Accreditation Center in the Athletes' Village will be the only one to have full service for NOC delegations. Venue Accreditation Offices (VAO) in the competition venues will provide validation services.

6.2 Eligibility Condition Forms

As required by the Panam Sports statute, each athlete and team official must complete an Eligibility Condition Form acknowledging their participation in the Games and compliance with Games objectives. The form is mandatory and must be signed by participating athletes and officials before their arrival at the Games.

7. TICKETING AND ACCREDITED SEATING

7.1 Games-time Ticket Sales

During Games-time, available tickets can be purchased through the official Lima 2019 website or at any of these locations:

- Athletes' Village
- Games Family Hotel
- Competition venues

7.2 Same- and Different-discipline Spectating Athletes

Athletes and officials may access the athletes' stands during their own discipline's competitions. However, in order to watch competitions at venues in disciplines other than their own, athletes and officials must request an additional complimentary ticket at the NOC Services Center.

NOC Services will implement a request process to order and assign complimentary tickets.

8. ATHLETES' VILLAGE

The Athletes' Village is located south of Lima, in the Parque Zonal Biotecnológico N° 26, in the district of Villa el Salvador. This area is currently enjoying extensive growth, with many new proposals that will benefit the district.

It should be noted that, after the Games, the Athletes' Village will become a public legacy that will benefit this district's population, making 1096 apartments available to citizens.

Lima 2019 aims to provide a safe, comfortable and inviting residential environment for athletes and NOC team officials, allowing them to relax and focus on training and competing in order to perform at their best. At the same time, they will be able to enjoy the Games experience and engage in cultural exchanges with participants from other countries.

8.1 Dates of Operation

Date	Event
From July 16 to 21, 2019	Pre-opening access to the Athletes' Village
July 21, 2019	Opening of the Athletes' Village
July 26, 2019	Opening Ceremony of the Lima 2019 Pan American Games
August 11, 2019	Closing Ceremony of the Lima 2019 Pan American Games
August 13, 2019	Closing of the Athletes' Village

8.2 Village Overview

The Athletes' Village will consist of three different zones: Village Plaza, residential zone and operations zone. The Village Plaza will have a retail and ceremony area available to residents and guests.

The residential zone will be a restricted area for residents and guests. Only authorized persons will have access, which will be authenticated with their Pan Am Identity and Accreditation Card (PIAC). The residential zone will include seven accommodation buildings, as well as recreation areas, dining hall, medical facilities, green areas and access to transportation links to competition and training venues.

The operations zone will include workforce entry, logistics warehouse, facilities services area, support services operation center and waste collection center. These areas will be located close to the northeastern limit of the Village to minimize any possible discomfort to residents.

8.3 Residences

Athletes and NOC team officials will stay in the residential towers of the Athletes' Village. These towers have between 19 and 20 stories with six-bed apartments.

The rooms are furnished and provide a comfortable stay, complying with past Games practices. All rooms will have free Wi-Fi access.

8.4 Resident Services

The Athletes' Village has seven resident centers located in each of the residential towers. The resident centers will cater to all the accommodation needs of the NOCs and Village residents from 06:00 to 21:00. There is also a 24-hour security guard service.

Each resident center will provide a hotel-like front desk service, which will assist with the resolution of issues relating to Village accommodation services, as described below:

Sports Information Desk	The Athletes' Village will provide a physical space where athletes and team leaders can ask for information about services related to various sports competition schedules.
Accommodation-related Requests	Cleaning requests and maintenance issues are to be received by resident centers and managed by the trained personnel of Lima 2019. Both requests and issues will be documented and the pertinent functional areas will do a follow-up (cleaning, maintenance, logistics, etc.).
Concierge Service	Each resident center will also serve as a concierge service desk. Resident center personnel and volunteers will be trained to provide useful information to residents about the Athletes' Village, Lima and areas of interest.
Lost Keys/ Replacements	If the resident requests assistance to access their room due to a lost key or a door lock problem, resident center personnel will solve the problem once the pertinent NOC Chef de Mission or Finance Agent has granted their authorization.
Internet Access	Wi-Fi access is available in each of the resident centers.
Lounge and Meeting Rooms	All resident centers will have comfortable lounge facilities with televisions broadcasting the Games and will be available to all residents.
Beverages	Vending machines with a variety of beverages will be available free of charge to residents.
Linen Exchange	Linen will be exchanged every four days. Residents will also be able to request linen exchange before the four-day period at the reception desk.
Ice Supply	There is free ice available for NOCs at each resident center.
Laundry Service	The laundry center will be open from 07:00 to 23:00 and it will be located between the dining hall and the residences. There will be personnel available to assist residents, as required.
Multi-faith Center	Lima 2019 will set up a Multi-faith Center for worship and meditation for all faiths. It will be managed by Lima 2019.

8.5 Catering

Athletes, Chefs de Mission and team officials will have unlimited access to the dining hall. Additional team officials and alternative athletes may acquire this benefit at an additional cost as part of their accreditation. However, they can also purchase individual meal vouchers through the Finance Center at the NOC Services Center.

Visitors with a guest pass will be able to purchase food and drinks at the Village Plaza Cafe or purchase a meal voucher for the dining hall, as established previously.

Keep in mind that Guest Pass holders will have to be accompanied by an authorized resident, which will be authenticated with their Pan Am Identity and Accreditation Card (PIAC).

8.6 Dining Hall

The dining hall will be located adjacent to the transport mall in the residential zone and will be operational from 05:00 to 23:00. A diverse range of ethnic and cultural food options will be available. Menus will be developed in consultation with caterers and sports nutritionists and will be published early 2019.

During Games-time, menus will vary and a new one will be offered every day. People entering the dining hall will have their accreditation checked to ensure they are entitled to eat there or, alternatively, they will be required to present a meal voucher from the Finance Center at the NOC Services Center.

For health reasons, dining hall users may only retrieve one beverage, one fruit and any finger food they are eating at the time. A polyclinic certificate signed by the NOC team physician and countersigned by a physician from the precinct will be required for any resident who wants to take food from the dining hall due to being ill or unable to eat there.

8.7 Meals for Athletes at Competition Venues

A catering service will be available at competition venues through a Lunch Box system, which must be requested 48 hours in advance and for which each team leader will be responsible. This service will only be available for sports that, according to the competition schedule, will not enable athletes to return to the Athletes' Village dining hall.

8.8 NOC Services Center

The NOC Services Center will be located in the residential zone of the Athletes' Village. It will be in the center of the Village to facilitate communication and to coordinate issue resolution between Lima 2019 and NOCs.

The services available at reception will include mail distribution, bookable meeting room requests and distribution of participation certificates and medal boxes. The NOC Services Center will also have desks for arrivals and departures, transportation, logistics and rate card.

8.9 Resident Entertainment and Recreation Zones

The Entertainment Center in the Athletes' Village will have the following areas available for residents to relax in:

- Athletes' lounge
- Music area
- Video games room
- Board games area
- Outdoors activity area
- TV rooms

From July 16 to August 11, all recreational facilities will be open from 09:00 to 23:00.

The Athletes' Village and satellite accommodations will offer cultural and musical activities, which will take place in the afternoon so that the majority of athletes can participate. The Athletes' Village will have basketball courts and football fields. The area in charge of entertainment will also provide sports equipment.

8.9.1 Gymnasium

The Athletes' Village gymnasium will be open 24 hours a day and will have a wide array of cardiovascular equipment, resistance machines and free weights as well as space to stretch and warm up before and after working out. This service will be supervised from 06:00 to 22:00.

8.10 Village Plaza

The Village Plaza is the place where athletes, officials, guests and the press can interact. The main activities available are:

- Purchase of memorabilia and merchandising.
- Purchase of everyday items.
- Meetings between resident athletes and accredited guests.

8.10.1 Village Plaza Cafe

The cafe will be the main place to meet and relax. Residents will be able to enjoy hot and cold food as well as beverages. Products must be purchased by users.

8.10.2 Peruvian Restaurant

Typical Peruvian food and beverages will be sold at this restaurant.

8.10.3 Laundry

Teams requiring special clothing treatment such as dry cleaning and team uniform ironing will be able to use the delivery and collection service. This service will be paid at the Village Plaza.

9. MEDICAL SERVICES

Medical services during the Lima 2019 Games will be provided at all competition and training venues and non-competition venues, such as the Athletes' Village, satellite accommodations, the Games Family Hotel, the International Broadcast Center and the Main Press Center.

Medical services will be available for athletes, judges, referees and Games Family members for severe and aggravated conditions that require diagnosis and treatment.

9.1 Athletes' Village Polyclinic

The Polyclinic will be located in the residential zone of the Athletes' Village and will be available from July 16 to August 13, between 07:00 and 23:00. It will provide the following services:

- General and/or family medicine.
- Sports and orthopedic medicine.
- Physical therapy.
- Diagnostic imaging.
- Laboratory.
- Pharmacy.
- Specialty services such as cardiology, otorhinolaryngology, nutrition and psychology, by appointment.

Emergency services will be available 24 hours a day and, if necessary, patients will be referred to hospitals or clinics with better problem resolution capabilities.

9.2 Medical Services at Satellite Accommodations

Satellite accommodations will have a medical clinic that will provide general medical consultations, orthopedics and physical therapy services from 07:00 to 23:00. Emergency services will be available 24 hours a day and, if necessary, patients will be referred to hospitals or clinics with better problem resolution capabilities.

9.3 Medical Services at Venues

There will be medical facilities at competition, training and other official venues. Athlete and spectator services will have the appropriate equipment, supplies and medication, and will be staffed with experienced medical personnel. Ambulances will be available at competition venues and some non-competition venues.

Competition and Training Venues

Emergency services and sports therapy will be available at each competition and training facility. These services will be provided by physicians and therapists, who will be available two hours before the competition and up to one hour after.

Field-of-play Response

Physicians and health professionals will be available at the FOP to provide emergency and first-aid services to all active athletes and officials. If necessary, they will be evacuated from the field of play and transported to the athlete medical room, polyclinic or hospital, as appropriate. Field-of-play response will abide by International Federation rules.

10. TRANSPORTATION

10.1 Transportation System for Athletes and Team Officials

The bus system will provide the following transportation services for athletes and accredited team officials, including their accompanying baggage and sports equipment:

- Arrival and departure services between the Jorge Chávez International Airport and Lima 2019 accommodation sites.
- Training and competition services between Lima 2019 official accommodation sites and official competition and training venues.
- Services for ceremonies.
- Connectivity between the Athletes' Village and satellite accommodation sites.

10.2 Training and Competition Venue Services

Athlete and team official training and competition transportation services are being planned and developed in consultation with Pan American Sports Confederations/ International Federations (IFs). Service is planned to enable:

- Arrivals at the venue for warm-up and preparation pre-session.
- Transfers to and from the venue and the Athletes' Village during the session time.
- Departures immediately after the session.

10.3 Athlete Transport Mall to Competition Venues

Venue transportation services will depart from the Athletes' Village with a 30-minute frequency in order for athletes to arrive two hours prior to the competition start time. The last vehicle will leave the venue two hours after the competition.

10.4 Athlete Transport Mall to Training Venues

Regular transportation services will be scheduled with a 60-minute frequency to transfer athletes to designated training venues. Leaving the Athletes Village from the transport mall, the service will enable athletes and team officials to be at the venue one hour prior to training and leave up to one hour after.

The service will begin according to the training schedule, a maximum of five days prior to the first day of competition, and will continue until the conclusion of each sport's individual training session.

10.5 Team Sport Vehicles

Each team will be assigned one bus with driver(s) on a pre-arranged schedule for use during training and competition periods and it will conclude upon returning to the Athletes' Village after the team's final competition. Team sports for which a bus will be provided include baseball, basketball, hockey, football, handball, rugby sevens, softball, volleyball and water polo.

These buses will be available to assist training and competition movements only. Team buses will be equipped with a vehicle access and parking permit, which will allow them to access the Athletes' Village and the respective sport's training and competition venues.

Teams will first meet their bus at the athlete transport mall. Bus services will be arranged through the team's host, and all schedule changes must be communicated to the transport desk in the NOC Services Center by 16:00 for the following day's requirements.

11. ACKNOWLEDGEMENTS

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